



A One Day Conference in support of a Natural Approach to Better Mental Health.

Monday 17th October
The Pavilion Centre, Royal Cornwall Showground.

09:00 - 09:30 Refreshments & Registration.

09:35 - 09:50 Welcome, Introduction & Chy-Sawel Update by Steve Angove, David Chaisty (Combined Universities of Cornwall.)

09:50 - 10:00 A brief outline behind the Chy-Sawel story.

10:00 - 11:00 'Reflections on Modern Psychiatry' Robert Whitaker (Award-winning Investigative Journalist & Author, 'Mad in America' & 'Anatomy of an Epidemic').

Q & A.

11:00 - 11:15 Refreshment Break

11:15 - 12:00 NHS speaker (to be confirmed!)

12:00 - 13:30 The Brain Basics of Neurodevelopmental Disorders. Prof. John Stein. (Professor of Neurophysiology, University of Oxford, Chair of Dyslexia Research Trust.) Q & A.

13:30 - 14:30 Lunch

14:30 - 15:00 'Acupuncture for Mental Recovery & Survival'. Dr. Mike Smith (MD, DAs, Psychiatrist, Founder & Previous Chair of NADA)

(National Acupuncture Detoxification Association.) Q & A.

15:00 - 15:40 'Human Givens' A Common Sense Approach To Mental Health.

	Hilary Farmer (Human Givens Psychotherapist.)	Q & A.
15:40 - 16:10	'Not Taking Medication & Paying Income Tax', Dr. David Orton (Former Consultant Psychiatrist, Newton Abbot Hospital)	Q & A.
16:10 - 16:30	Service User Perspective. Ray Hancock (Member SURG.)	Q & A

THE CHY-SAWEL PROJECT

Chy-Sawel is a charity. It is dedicated to showing that an holistic and nutritional approach to treating mental illness is an option that can no longer be ignored. Our brief is to embrace and collate current research and promote the findings in a simple and logical way. The ultimate aim of the project is to open a Centre, which will provide treatment as well as running education and training programmes.

ABOUT THE CONFERENCE

This conference will highlight the research into the effects that diet and other external influences have on the mental and emotional health of people of all ages. Depression and mental illness have increased many-fold in the last 50 years fulfilling the prediction that it will be our No.1 disease by the year 2020. Our speakers will explain how an holistic and more modern approach can make an important contribution in the battle against this problem.

Booking Form for Chy-Sawel Conference.

Name: -----

Organisation:-----

Telephone:-----

Address:-----

E-mail:-----Date:-----

Signature:-----

Please advise of any special dietary or other requirements.

Delegates Fees

Enter number of seats required onto lines.

Full Rate	£75	Healthcare/Educational Professionals.	-----
Middle Rate	£45	Complimentary Therapists, Members of the Public.	-----
Lower Rate	£20	Carers, Service Users, Students.	-----

Fee includes lunch, refreshments & conference material.

Booking Details

Please make cheques payable to Chy-Sawel and post with this form

To: Anjue House, Trevalgan Hill, St. Ives, Cornwall, TR26 3BJ.

Telephone: 01736 795748.

(Chy-Sawel is a company limited by guarantee & non profit making.) **Charity Reg. No 1142668.**

Terms & Conditions

Booking Forms must be submitted no later than 6th. October 2011.

No refunds can be made for any cancellation after 6th. October but substitute delegates are welcome.

At the time of going to press, this programme was deemed correct. We reserve the right to cancel or alter any part of the programme due to unforeseen circumstances.

Data Protection

We hereby confirm that information you give on this form will be treated with strictest confidence and will not be passed on to other individuals or their organisations.